

Unpacking *Boxes*

Self-Realization Discussion Guide

1. Many characters break out of boxed-in lives for new beginnings. How would you describe their personal journeys based on the columns below?

Character	How Boxed In	How Broke Out	Cause for Change
Tim Adams			
Angelica Dante			
Luciano Dante			
Bella Gray			
Hunter Davis			
Peter Hu			
Carlo Volpe			
Masterman			
Ricardo Mendez			

2. How do the factors listed below affect the characters' quest for fulfillment.

How do they affect your life?

- Family Relationships
- Peer Relationships
- Intimate Relationships
- Sense of Self and Identity
- Work and Career
- Socioeconomics

3. Describe the various types of emotional and relational struggles the characters experience. How are they impacted by internal vs. external influences?

4. How does *Boxes* explore spirituality in the search for meaning and fulfillment?

What role, if any, does spirituality play in your journey of self-discovery?

5. Which characters made the most or least progress toward self-realization? Why?

6. Which character's journey do you relate to the most? Tell why by sharing personal experiences that shape your affinity for that character or journey.